

2016
TRI-STATE SWIM CONFERENCE RULES

- June 1st will be the cut-off date for determining what age group each swimmer will swim in for that season. A swimmer may (at parent/coach discretion) age-up for the season if his/her birthday occurs during the season. The cutoff date for this is the last scheduled invite (July 9th, 2016). Once a swimmer has done this, they are no longer eligible to swim in their original age group. It is up to each team to apply this as they see fit, if at all.
- The summer following senior graduation is the last year a swimmer can swim.
- Swimmers may only swim up ONE age group for relay purposes.
- During Dual or Triangular meets each swimmer can swim 3 individual events and be on both relays.
- All swim meets will follow the same order of events: Medley Relay, Back, Breast, Butterfly, Freestyle, and Free Relay. Individual events are 25 for 10 and under and 50 for 11 and up. Long events of 100 Free or 100 IM are optional. Crescendo Relay is also optional. Contact host coach for additional details.
- Warm-ups for Dual/Triangular meets will be at 5:30 PM with start time of 6:00 PM unless otherwise posted.
- For cancellations due to bad weather, the host team will contact the traveling teams preferably by 3:00 PM.
- The host team should appoint one person to be the Meet Official. All questions or concerns must go through them by the COACH or team representative, NOT the parents.
- Mixed relays are allowed if there is NOT enough of the same sex to make a relay. Three person relays will be allowed only if there is not a fourth available. In the event there are 6 swimmers in a specific age group, only a relay of 4 can be made, not two 3-person relays. Be sure to enter relays in the correct category; if there are two boys or one boy swims twice; it is a boy's relay. An honest attempt will be made by the meet host to not allow this, HOWEVER, it is ultimately the coaches' responsibility to insure this rule is followed. If a team is

found to have swam 2 3-person relays in an event, both relay teams will be disqualified.

- If you run a meet with cards, use pink for girls and blue for boys.
- For teams submitting entries without times, you should label your fastest 3 swimmers in each event (1-2-3) so they will be seeded accordingly.
- Entries for Dual and Triangular meets are requested 48 hours before the scheduled meet date to host team. Individual entry deadlines for Invites will be sent out by host team. All times submitted must be converted before entries are sent; this is to ensure proper seeding.
- For the duration of the season, 8 & Under swimmers will not be disqualified for doing the wrong stroke UNLESS he/she wins the race by an unfair advantage (e.g. swims freestyle instead of breaststroke, consistently uses the wrong kick all the way through, etc.) Swimmers with assistance will not be placed for points or rewards in a meet including relays.
- In relay races, the team of a swimmer whose feet have lost touch with the starting platform (ground or deck) before his/her preceding teammate touches the wall shall be disqualified.
- 9 year olds and up will be disqualified for executing or swimming incorrectly and/or improper touches or turns.
- With regards to Invite fees, teams will pay for the number of swimmers entered, not the number who swam.
- Each Invite host team will send out specific details for entry deadlines, cost per swimmer, concession information, and specialty items being sold, etc.
- Only scratches will be accepted the day of the Invite.
- Ribbons, medals, or a combination of both will be awarded for 1st through 6th place. Each team will decide if they hand out ribbons for additional places or any participation ribbons.

RESTRICTED SCORING FOR DUAL & TRIANGULAR MEETS

Individual Events

1 st place	7 pts
2 nd place	5 pts
3 rd place	4 pts
4 th place	3 pts
5 th place	2 pts
6 th place	1 pt

Relay Events

1 st place	10 pts
2 nd place	6 pts
3 rd place	3 pts

NOTE: Only one relay and a maximum of 3 individuals from each team will be allowed to score in each event but awards will be handed out to all places. Points are awarded even if opposing team has no competition in an event.

STANDARD SCORING FOR INVATIONALS

Individual Events

1 st place	7 pts
2 nd place	5 pts
3 rd place	4 pts
4 th place	3 pts
5 th place	2 pts
6 th place	1 pt

Relay Events

1 st place	14 pts
2 nd place	10 pts
3 rd place	8 pts
4 th place	6 pts
5 th place	4 pts
6 th place	2 pts

** ANY OR ALL OF THE ABOVE RULES MAY BE AMENDED FOR A MEET IF AGREED UPON BY ALL TEAMS PARTICIPATING IN THE SPECIFIED MEET.